

Choosing your Confirmation name:

Your name gives you an identity: it tells others who you are. When you were baptized, your parents chose your name. Now that you are being confirmed, it is time to choose the name you will take as a sign of your growth in faith.

Your Confirmation name should reflect your new role as a mature Christian. You might like to take the name of a person whom you admire. Or you might like to re-take your baptismal name and strengthen the connection between Confirmation and Baptism. There is however, one limit placed on the name you choose -- it must be the name of a saint (or a variation of that name).

After you decide on a name (or before, if you are looking for inspiration!), look up some information about your saint. Every saint is known for particular qualities or virtues. Think about how you can become a better Christian by imitating those qualities.

Saint Report

You must also do a report on the saint that you have chosen. Follow these guidelines:

A. Your saint report must be at least one page long and answer the following questions:

1. Who is the saint?
2. When is his or her feast day?
3. What did he or she do to make him or her a saint?
4. Why did you choose this saint – what do you admire about him or her?
5. Is there a symbol for your saint? If so, what is it?

B. Things to remember:

1. Chose a saint whose life you admire. Maybe he or she had the same struggles as you and had a way of working through those struggles that you can follow.
2. Ask your parents which saint you were named after at your Baptism, and find out something about that saint. See if your life reflects his or her life.
3. Use helpful resources, like the book *Butler's Lives of the Saints*, an encyclopedia, or other resources at your local library. Information can also be found on the internet – make sure it is a reputable site, though!
4. If you cannot find enough information about a saint to fill one page, you should not choose that saint. There are many saints we know a great deal about – do not make this harder for yourself than you need to!



Your Saint Report is due no later than November 1